

ASCCA MEMBERS CARE

JERRY KUBITSKY

SUMMIT TRANSMISSIONS | CHAPTER 24 - SAN DIEGO



DATE OF EVENT

October 20, 2019

WEBSITE

https://secure.nationalms-society.org/site/TR/Bike/CASBikeEvents?pg=entry&fr_id=30205

MS150 Bay To Bay Ride - National MS Society

How are you involved?

Our team is called ASCCA Pedal Pushers and our team consisting of 10 members, raised over \$10,000 to help find a cure for MS. Last years riders, Dara Bakhshandeh, Dave Kusa, Jimmy Lea and myself were joined this year by Jimmy's son, James, Ember and Michelle who drove from Oregon, and Jon Nigbor and Nancy Naftalin from Utah. Dave Fisher joined our team but was unable to ride. Together, with over thousands of other riders, raised over \$2.3 million dollars for MS this year.

The ride starts in Irvine, Ca and heads west towards the coast, then south through beautiful beach towns and highways over-

looking the ocean. Just south of San Onofre, we turn inland to go through Camp Pendleton Marine Base before exiting into Oceanside Harbor and our overnight facility in Carlsbad. For the more ambitious riders, they turn inland, adding another 25 to 50 miles to the 55 miles they just rode. In Carlsbad there is a huge celebration for the riders. My friend Karen who has MS was honored as Inspirational Person of the Year.

Sunday, after a good breakfast, all the riders head south towards Mission Bay, with the challenge of climbing up Torrey Pines Hill (6-8% grade) before us. A steep (and fun) downhill takes us La Jolla and on to

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PB. The ride is a challenge for many, but such a great feeling when you ride into Mission Bay with all the cheering and appreciation for what you have done.

Why are you involved?

My first ride began in 1982 and I rode every year for 17 years. After a long absent, I began riding with Dara last year who had just started riding. Dara caught the long distance fever and did his first MS last year. This year, with 10 people, we exceeded our expectations for fund raising. I know several people who have MS, one very close to me. I'm proud that I can make a difference in peoples lives.



How can others get involved?

Google MS150 Bay to Bay to find out more about the ride. You don't have to be an experience rider to do this ride. They have shorter rides to accommodate everyone. However there is a wonderful feeling when you challenge yourself beyond ones normal limit. We would love for you to join our team. You can also still donate to our team "ASCCA Pedal Pushers" or you can volunteer next year to be part of ride support.

There is a different feeling when you push yourself physically to support a great cause and join others who feel the same.

